

SARAH WILCOXON

swilcoxon10@gmail.com | 309.648.2291 | swilcoxon.com

EDUCATION & TRAINING

Florida State University, 2016

Master of Fine Arts: Dance
Concentration: Choreography, Performance

Illinois State University, 2013

Master of Science: Communication
Concentration: Performance Studies, Rhetoric

University of Illinois, 2010

Bachelor of Science:
Recreation, Sport, and Tourism Management

Certifications:

- Stott Pilates (comprehensive certification)
- Progressing Ballet Technique
- JUVO Board

Member:

- International Association of Dance
Medicine and Science
- Pilates Method Alliance

TEACHING

Missouri State University – Assistant Professor

2016 – present	DAN146/245/345/445	Jazz, all levels
	DAN 130/230/330/430	Ballet, all levels
	DAN 592	Performance
	DAN 499	Projects: Directed Independent Study in Dance Conditioning
	DAN 497	Topics: Dancing for the Actor
	DAN 497	Topics: Dance Conditioning
	DAN 492	Senior BFA Review
	DAN 482	Senior Project in Dance
	DAN 365	Somatic Practices: Pilates
	DAN 364	Applied Kinesiology for the Dancer
	DAN 348	Partnering
	DAN 340	Third Year Seminar: Preparation for the Profession
	DAN 323	Musical Theatre Styles
	DAN 240	First Year Seminar: Introduction to the Profession
	DAN 216	Elementary Contemporary Dance
	DAN 180	Introduction to the Dance – General Education Lecture

Master Classes, Workshops, and Intensives

2020	Central Washington University	Musical Theatre Dance Workshop
2019	Springfield Ballet	Musical Theatre Dance Workshop
	Missouri State University Conducting	Somatics Workshop
	Missouri Fine Arts Academy	Choreography Master Class

2018	Savannah College of Art and Design	Dance Film Master Class
	Missouri State University Conducting	Somatics Workshop
2017	Illinois High School Theatre Association	Musical Theatre Dance Class
	Florida State Summer Intensive Faculty	Musical Theatre, Conditioning
2016	Suzanne Farrell's Young Dancers Workshop	Musical Theatre Master Class

Additional Teaching

2021	Missouri State Mainstage Musical Choreography Mentor: <i>Working the Musical</i> , choreographed by Rachel Haselhorst	
2020	Studio Series Directing/Choreography Mentor: <i>Artistic TenDANCies</i> , directed and choreographed by Isaiah Luna	
2019	Studio Series Directing/Choreography Mentor: <i>Silurian</i> , directed and choreographed by Patrick Heslip	
	Thesis Committee for Athletic Training Graduate Student: Ariana Fakeri	
	Missouri State Mainstage Musical Choreography Mentor: <i>Bare: A Pop Opera</i> , choreographed by Allegra Schaeffer	
2018	Studio Series Directing/Choreography Mentor: <i>Hunak</i> , directed and choreographed by Brittney Banaei	
	Missouri State Mainstage Musical Choreography Mentor: <i>Heathers the Musical</i> , choreographed by Jake Wobbe	
2017 – present	BodySmith Pilates Pilates Instructor	

RESEARCH/CREATIVE ACTIVITY

Digital Media

2020	<i>Cloven Kingdom</i>	Paul Taylor Dance Company's Virtual Gala-Modern is Now – November 19 Choreography by Paul Taylor Directed by Jessica Ryan Assistant Directed by Sarah Wilcoxon Performed by Paul Taylor Company
	<i>Runes</i>	Paul Taylor Dance Company's Virtual Gala-Modern is Now – November 19 Choreography by Paul Taylor Directed by Jessica Ryan Assistant Directed by Sarah Wilcoxon Performed by Paul Taylor Company

2019

Sealegs: A Dance Film

Direction by Sarah Wilcoxon & Quinlan Orear
Choreography by Sarah Wilcoxon and Brittney Banaei | Sound Design by Daniel Smith
Performed by Emily Hughey and Kendra Key
Adjudicated screenings:

- FilmFest by Rogue Dancer – Raleigh, NC (2020)
- Astoria Film Festival – Astoria, NY (2020)
- Cyprus International Film Festival – Nicosia, Cyprus (2020)
- Tiny Dance Film Festival – San Francisco, CA (2020)
- Toronto International Nollywood Film Festival – Toronto, Canada (2020) **award winner – best dance video*
- Tipperary International Dance Festival – Tipperary, Ireland (2019)

2017

Querencia: A Dance Film

Direction by Sarah Wilcoxon and Quinlan Orear
Choreography by Sarah Wilcoxon and Jocelyn Perez | Sound Design by Matthew DelCiampo
Performed by Jocelyn Perez
Adjudicated screenings:

- FilmFest by Rogue Dancer – Raleigh, NC (2020)
- Lights Dance Festival – Toronto, Canada (2018)
- EnCore Dance on Film – Decatur, Georgia (2018)
- Frame+Form | Screen Dance Festival – Asheville, NC (2018)
- American Dance Festival's Movies by Movers – Durham, NC (2018)
- Life in Motion Dance Film Festival – Denver, CO (2018) **award winner – audience choice*
- Screen Dance Festival – Stockholm, Sweden (2018)
- ScreenDance Festival – Miami, FL (2018)
- Utah Dance Film Festival – Orem, Utah (2018)
- Opine Dance Film Festival – Atlanta, GA (2018)
- Next Dance Cinema – Seattle, WA (2017)

Musicals

2021

Brigadoon

Springfield Symphony Orchestra; November 6
Directed by Robert Westenberg | Conducted by Kyle Wiley Pickett | Choreography by Sarah Wilcoxon

Beehive! The 60's Musical

Tent Theatre; June 16-19
Directed by Sarah Wiggin | Choreography by Sarah Wilcoxon

2020	<i>The Wiz</i> <i>*cancelled due to COVID-19</i>	Peoria Players Theatre; September 11-20 Directed by Bryan Blanks Choreography by Sarah Wilcoxon
	<i>The Producers</i> <i>*cancelled due to COVID-19</i>	Tent Theatre; July 8-18 Directed by Jessica Ryan Choreography by Sarah Wilcoxon
	<i>Xanadu!</i> <i>*cancelled due to COVID-19</i>	Tent Theatre; June 10-20 Directed by Joe Price Choreography by Sarah Wilcoxon
2019	<i>Oklahoma!</i>	Springfield Symphony Orchestra; November 9-10 Directed by Robert Westenberg Conducted by Kyle Wiley Pickett Choreography by Sarah Wilcoxon
	<i>Cats</i>	Missouri State University – October 24-28 Choreography & Direction by Sarah Wilcoxon Associate Choreography by Jake Wobbe
	<i>Catch Me If You Can</i>	Tent Theatre; July 10-20 Directed by Christy Montour-Larson Choreography by Sarah Wilcoxon
2017	<i>Pippin</i>	Missouri State University– October 26-29 Directed by Robert Westenberg Choreography by Sarah Wilcoxon
2016	<i>Legally Blonde the Musical</i>	Missouri State University – October 13-17 Directed by Kurt Gerard Heinlein Choreography by Sarah Wilcoxon
	<i>Memphis the Musical</i>	Cornstock Theatre – August 26 - September 3 Directed by Bryan Blanks Choreography by Sarah Wilcoxon
Concert Dance		
2019	<i>Black Stripes</i>	Springfield Art Museum – May 2 Choreography/Sound & Costume Design by Sarah Wilcoxon Assistant Choreography by Brittney Banaei
2018	<i>Disco Fever</i>	Missouri State University – May 3-6 Choreography by Sarah Wilcoxon
	<i>Tatreez</i>	Missouri State University – May 3-6 Choreography by Sarah Wilcoxon and Brittney Banaei

	<i>Part 1: The Reckoning</i>	American College Dance Association Conference – March 16-19 Choreography by Sarah Wilcoxon in collaboration with dancers
2017	<i>Woke</i>	Missouri State University – May 4-7 Choreography by Sarah Wilcoxon in collaboration with dancers
	<i>Love Letter</i>	Missouri State University – May 4-7 Choreography by Sarah Wilcoxon Music arranged by Mason Kelso
	<i>Embodied Cognition</i>	Missouri State University – May 4-7 Choreography by Sarah Wilcoxon in collaboration with dancers
2016	<i>Opposing Forces/ Dimensions of Being</i>	The Chicago Fringe Festival; Chicago, IL – September 1-4 Co-Artistic Direction: Sarah Wilcoxon and Jocelyn Perez Act 2: <i>Dimensions of Being</i> Choreography and Direction by Sarah Wilcoxon Costumes by Sarah Wilcoxon Music Composition and Sound Design by Matt DelCiampo

Industrials

2018	Pipeline Innovators Gala	Midland Theatre; Kansas City, KS – January 25 CEO and Producer: Joni Cobb Choreography and Direction: Sarah Wilcoxon
2017	Pipeline Innovators Gala	Midland Theatre; Kansas City, KS – January 25 CEO, Producer, and Director: Joni Cobb Choreography: Sarah Wilcoxon

Adjudicated Research Presentations

Dance Science and Somatics Educators Conference; August 2021

Structuring Consent: Agentic Control of Bodies in the Rehearsal Space

International Pilates Method Alliance Conference: October 2018

The Perceived Effects of Reformer Training with University Dancers

Dance Science and Somatics Educators Conference: August 2018

Partnering – Somatics, Consent, and Student-Centered Teaching Practices

International Association of Dance Medicine and Science 2017 Annual Conference: October 2017

Creating a Culture of Wellness in Dance

Interviews

Astoria Film Festival: July 2020
Interview with the Director: *Sea Legs*

Dance Teacher Magazine: October 2019
“What Do Our Dancers Need Now?”

DanceWell Podcast: March 2019
“Partnering in a #MeToo Era”

Life in Motion Dance Film Festival: February 2018
Post Screening Talk Back: *Querencia*

Invited Lectures and Lecture Demonstrations

Cox Hospital, Total Performance Arts Conference: February 2019
Professional Expectations, Training Gaps, and Dancing with Pain and Injury

Missouri State University Public Affairs Conference: April 2017
Embodying Difference: Inertia Dance Company and Public Affairs Lecture Demonstration

Springfield Art Museum, Placeworks Program: September 2016
Tools of the Choreographer Interactive Lecture

HONORS AND AWARDS

Telly Awards

2021 Silver Telly Award: Paul Taylor’s Modern is Now Gala - Non-Broadcast Craft Directing
Bronze Telly Award: Paul Taylor’s Modern is Now Gala - Non-Broadcast General Live Events

International Association of Dance Medicine and Science

2020 Nominee: Educator of the Year

Springfield Art Museum

2019 Invited commission to create *Black Stripes* as responsive/immersive dance performance (Nick Cave exhibition)

Life in Motion Dance Film Festival

2018 Audience Choice Award - *Querencia*

Missouri State University

2020 Acknowledgement for Excellence in Teaching during COVID-19
(Faculty Center for Teaching & Learning)

2019 Faculty Research Grant

2018 Mideast Meets Midwest Grant

Missouri State University College of Arts and Letters

2018 COAL Special Projects Funding

2017 First Year Faculty Research Fellowship

Florida State University’s Friends of Dance

2016 Friends of Dance Travel Award for the Chicago Fringe Festival

SERVICE

Missouri State University Committee Service

- 2018-2020 Faculty Senate Representative for Theatre and Dance
- 2018-2019 College of Arts and Letters Dean Search Committee

Missouri State University Department of Theatre and Dance

Wellness Program

- 2017 – present Creation and implementation of Conditioning Studio staffed by Athletic Trainer
20 hours per week
- February 2017 Coordinator of two dance wellness guest artists teaching at MSU for a week.
- 2016 Integrated somatics into Theatre and Dance Department curriculum

Committee Service

- 2020 – present BID Committee (curriculum revision), Co-Chair
- 2019 – present Recruitment Committee, Chair
- 2017 – 2018 Department Head Search Committee
- 2017 – 2018 Recruitment Committee, Co-Chair
- 2015 – present Play Selection Committee

Other Service

- 2020 – present Co-coordinator of MSU's Dance Program
- 2018 – present MO State Dance Co. Faculty Advisor
- 2018 Coordinator of ACDA travel for Dance Area

***Any Given Child* Initiative of the John F. Kennedy Center for the Performing Arts (in conjunction with the Springfield Regional Arts Council) – Springfield, MO**

- 2020 – present Theatre and Dance Department Coordinator for *Any Given Child*
- 2017 – present Action Committee member: Springfield Regional Arts Council
- 2018 Coordinating *Any Given Child* performance for Spring Dance Concert
- 2018 13 performances by Inertia Dance Company in Springfield schools
- 2017 15 performances by Inertia Dance Company in Springfield schools